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## A Choice of Drugs

A New York State law that requires pharmacists to fill many prescriptions with relatively inexpensive drugs continues to meet fierce opposition from the drug industry and local pharmacists. The industry contends that consumers risk getting drugs that are neither safe nor effective. The pharmacists want to keep the law from going into effect on April 1—at least until liability questions are resolved. These issues were considered during a protracted legislative battle. They should not be allowed to weaken or postpone a long-overdue effort to bring consumers some relief from drug costs.

The new law requires that all prescription forms contain two signature lines for the physician. If he signs on the right, the usual spot, the pharmacist must fill the prescription with a low-priced "generic" drug even if the doctor has written in a higher-priced brand name. If the doctor signs on the left, the pharmacist must fill the prescription as written. The wholly admirable goal is to break the cycle by which drug companies heavily promote certain brand names, doctors routinely prescribe the familiar names, and patients end up paying far more. The tranquilizer meprobamate, for example, costs \$10.99 per 100 units when sold as Equanil, the Wyeth brand name, but as little as \$2.99 when sold generically.

The centerpiece of the new procedure is a list of interchangeable drugs, compiled by the State Assembly and maintained by the State Department of Health. It is the first such list ever put together—a model on which other states are patterning their own drug regulations. It has been validated by the Federal Food and Drug Administration as "an accurate guide" to drugs that are "safe, effective and equivalent" in therapeutic performance.

The pharmaceutical industry contends that though products on the list may be chemically equivalent, it cannot be assumed that they will produce the same therapeutic effects. Such differences in manufacturing processes, for example, can change the way in which a drug dissolves in the body. The industry also questions

the competence of many manufacturers on the New York list. It claims never to have heard of some and notes that others have been cited for poor manufacturing practices.

But in fact, the F.D.A. says there is no significant difference between large and small firms or between brand-name and generic products. Virtually all companies are inspected at least once every two years. And while there is indeed doubt that all drugs with the same chemical formula produce the same therapeutic effects, that doubt hangs over even the best-known products and companies. New York's list has been scrubbed clean of drugs that must be precisely equivalent—unless there is positive evidence that they are not. The remaining drugs are assumed to be therapeutically equivalent. If there is evidence to the contrary, it can be addressed without invalidating the whole effort.

The complaints of the pharmacists stem in large part from their fear of malpractice liability. Until now, pharmacists have been little more than robots carrying out "doctors' orders," and they have been covered by liability by the major drug companies. They now will be required to pick lower-priced generics whose manufacturers offer less liability protection. They now will be held like the state to assume the liability. The pharmacists can be addressed in hearings without blocking implementation of the law.

The new law will place a greater burden on the consumer—to question his doctor as to why a particular brand is prescribed, and his pharmacist as to why a particular substitution is made. The major drug companies are moving rapidly into the manufacturer and distributor of generic drugs, asserting that their own are superior to those marketed by small manufacturers and companies. But the price of these "branded generics" can be two or three times higher than the lower-priced brand. "We can't see any quality difference between these two in price," asserts the F.D.A. Commissioner. "We already know, in fact, the product manufacturer will not pay for drug control for savings in the drug market."



Yonkers Herald-Examiner  
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# 'Last angry man' is still fighting drug companies

By JUDITH RANDAL

WASHINGTON — If awards were given for sustained righteous indignation, William F. Haddad would easily qualify.

He has been battling the deceivers of the drug industry for almost a quarter century. Although bearing 26, as head of the New York State Assembly's director of legislative oversight, he shows no signs of quitting now.

It all began in 1943 when he worked for the late Sen. Ewan Kellogg, who then was just beginning his probe of the drug pharmaceutical firms. In 1952, when Kellogg died of a heart attack, Haddad vowed to take up where the Tennesseean had left off.

While holding down a variety of jobs, he managed to drag New York City into legislative and legal action against five major firms for price fixing and overcharging on antibiotics and to persuade a state to join in the suit. The cost of court settlements for \$128 million was, in 1958, the largest in history.

IF PARTICULARLY rife Haddad that with 1,200 drug firms in the United States, the 128 companies that belong to the Pharmaceutical Manufacturers Association will about 90 percent of the prescription medicines and that, as a result, the prices for these products remain the highest in the world.

Yes, drugs are cheaper when sold by chemical or generic name. Yes, they are subject to the same safety and effectiveness requirements of the Food and Drug Administration as their far more costly big-name counterparts. And yes, brand-name medications have been as often subject to FDA recalls for quality shortcomings as the others.

Until recently, laws enacted in the 1930s by every state legitimized the ruse by making it illegal for a pharmacist to fill a prescription generically if the dealer had called for a brand-name drug. Party of these laws have been repealed since 1955, but except in Florida, where one chain of druggists alone has served consumers \$2.1 million a day, no state except in California, the expected savings have not been realized.

For one thing, the new laws, of necessity, permit brand-name prescribing for the minority of patients for whom this has a crucial psychological benefit and physicians in some states and pharmacists in others (depending on how the law is worded) have used this loophole to defy the change.

FOR ANOTHER, the vast propitius machine of the PMA and its members grows on. Although no such thing has ever happened, for example, compare salesmen are selling pharmaceuticals that they may be used if they dispense generically.

In addition, the ever-venerable industry has been stilled the waters by the introduction of "branded generics." These drugs are somewhat cheaper than those with catchy trade-names, but still are typically four times more costly than those prescribed by the likes of an Eli Lilly or Smith, Kline and French.

There must eventually run of the PMA. Already it is not too soon to assign considerable credit to Haddad, a real life version of "The Last Angry Man."

Judith Randal is a freelance writer who specializes in medical affairs.

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19

# Firms Criticized On Generic Law

By Adrian Peracchio

A legislative report scheduled for release today by Assembly Speaker Stanley Steinigt condemns the prescription drug industry for conducting a "malicious and cleverly designed" propaganda campaign to frighten physicians and pharmacists away from generic drugs.

Steinigt ordered a study of the legal implications of the generic-drug issue after state surveys showed that doctors and druggists were largely ignoring the new state law allowing generic equivalents to be substituted for more expensive brand-name drugs.

The report, prepared by William F. Haddad, head of the Office of Legislative Oversight and Analysis, accuses the drug industry of using film strips and tapes disguised as educational materials to reduce generic substitution.

The charges were labeled "absolute nonsense" by Richard Hamilton, a spokesman for the Washington-based Pharmaceutical Manufacturers Association, the lobbying arm of the drug industry. "Stating our position on generic substitution is no more a propaganda campaign any more than what Steinigt and Haddad are conducting is propaganda," Hamilton insisted.

After the statewide circulation of drug manufacturers' educational materials, Haddad said, 70 per cent of pharmacists and doctors surveyed by the state cited the fear of increased legal liability as the reason for refusing to go along voluntarily with the intent of the generic drug law. Others did not believe that generics were in every case equivalent to trade-name drugs in therapeutic value despite the state's reassurances.

Haddad concludes in his report that "there is not a single case on record involving a liability lawsuit over the proper substitution of a generic product for its trade-name counterpart." The report also quotes insurance company executives as saying that generic drug substitution would not affect rates.

Steinigt said drug companies released tapes and films suggesting that doctors' and pharmacists' liability would increase dramatically if they substituted generic drugs for brand-name products.

Hamilton said the association and its members, among whom are generic drug makers, never claimed that generic products were inferior to trade-name drugs. "What we have said is that the capabilities of manufacturers vary, their products vary and this can cause differences in the therapeutic value of their drugs, whether they are labeled as generic or not."

A drug industry-produced educational tape cassette obtained by Newsday addressed in ominous tones the issue of legal liability in connection with generic substitution. But the tape, produced for Eli Lilly and Co., never states that druggists could be legally liable in malpractice suits for proper generic drug substitutions. The tape concludes: "Dispensing only quality products therefore is the pharmacist's surest means of protecting both the patient and himself."

# REVIEW & OUTLOOK

## Drug Wars

The latest skirmish between drug manufacturers and drug regulators is over drug substitution laws. Since 1976 there has been a broad-front push to change state laws to encourage the filling of prescriptions "generically" by type of drug—rather than by the traditional specifying of the manufacturer's trade name. This policy is supported by "consumer advocates," job-factors and businessmen to promote substitution of cheaper alternatives and thus bring down retail drug prices, saving taxpayers money for Medicare and Medicaid payments for prescription drugs.

Needless to say, the major drug manufacturers are unhappy with this development and are resisting it. Among other things, they maintain that generic drugs are not the same and that their trade name products differ in important qualities such as density, coating and rate of manufacture. Conversely, the regulators (and, of course, the generic drug producers) claim that generic drugs are "medically interchangeable," so having a trade name is a waste of money.

Both sides display voluminous evidence which supports each side, but the gap is not as wide as press releases indicate. When pressed, drug manufacturers admit that they will grant that some drugs are the same, if only because they are contained in the same plant and formulated by the same company using identical labels. On "biotechnical" grounds that "biochemical" equivalence is within a range of plus or minus 2%. Furthermore, batches of the same drug will vary somewhat, and the relationship between chemical purity and the effect of drug on patients is less than exact.

Since generic drugs might have sufficient variability to have adverse effects on a patient, drug substitution laws specify that the prescribing physician may designate a particular brand of drug. Nevertheless, the drug organizations have become active against generic drug laws. The American Medical Association recently issued a letter warning regulators that they should not have been "entrusted" by the drug companies, especially by the "big fishers," the drug companies who are so important to the drug marketing and distribution systems.

Well, physicians are a fiercely proud and independent lot, unlikely to be so susceptible to wishes by large interests. The politicians seem to have been misled by the manufacturers of the drug industry, since they endorse the substitution of drug brands.

costs, like everyone else in the medical business, are frustrated physicians, and like the idea of having more "professional" responsibility. Also, they are changing their pricing practices from the traditional percentage mark-up on wholesale price to a fixed "professional fee" for filling a prescription with the wholesale price passed through to the consumer, so they don't care if a cheaper drug is sold.

Like the druggists have gone to court in New York to try to overturn the new law, which provides among other things that a pharmacist must substitute the lowest priced generic, even when the patient wants another. It is a substitute is available, the pharmacist may be sent out on the street empty-handed. This contrasts with, for example, the Illinois law, where pharmacists and consumer retain choice.

Another peculiarity is that New York's "substitution" (instead of drug inclusion) of at least one drug that is under substitution for patients. The Food and Drug Administration, which reviews the New York formula, also takes the position that patent rights are one of its businesses. In the past, the New York State drug substitution law has been amended to exclude patent holders in its formula. The New York legislature also fails to make it clear that the listed drugs are not necessarily equivalent, such as capsules or tablets.

Others of all in a politician's press release saying that three-quarters of the doctors are "serving consumers" at "higher prices" by prescribing by trade names, when appearing to be in error by the same politician in writing the legislation. The New York legislature has single-entirety, as doesn't mean if the doctor prescribes generically or by name.

The responsible physician seems to be William F. Madole, a Southwestern expert in the assembly together, who derived his expertise in the area from being self-appointed "consumer advocate" of the federal drug law as representative before the House Subcommittee on Health and Education. He has been active in the House, and has been active in the House, and has been active in the House.

By the way, according to the press of Labor Relations, which along with the House, since 1977, the House will try to do the same.